BUILDING TRUST & CONNECTION

A FIVE-QUESTION GAME ABOUT WHO YOU ARE LATELY

Would I Still Guess Right About You?



Choose a card. One person guesses what their partner might say. The other gives their answer as it is today. Switch roles. You can pass any question, and nobody needs to keep score.

01 What am I quietly looking forward to?

Think beyond the plans already on our calendar.

02 What has been taking more energy than you'd guess?

It could be a small part of my day that you rarely see.

03 What am I a little proud of this week?

Include the sort of thing that might never make the family group chat.

04 What would I love someone to ask me about?

Maybe there is a book, project, person, or idea on my mind.

05 What kind of company would I enjoy tonight?

Talking, sitting side by side, taking a walk, or something else?

One last turn

Finish with "One thing I learned about you today is ___." If the guess missed, let the answer be an update you get to carry with you.

For a more in-depth look at how to build trust and connection in your relationship, explore Building Trust and Connection, my 10-week, self-paced course.

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