



KATHERINE JEWETT LMFT

Licensed Marriage and Family Therapist
Thriving, not just surviving your life.

katherine@timetothrivetherapy.com • Ph. 925-322-1681 • MFT#100342
www.timetothrivetherapy.com

Today's date: _____

A. Identification

Client's Name: _____ Date of birth: _____ Age: _____

Nicknames or aliases: _____

Home street address: _____ Apt.: _____

City: _____ State: _____ Zip: _____

Phone: _____ e-mail: _____

Is it okay to leave a message on voice mail or on email? Yes No

B. Referral: Who gave you my name to call?

Name: _____ Phone: _____

Address: _____

May I have your permission to thank this person for the referral? Yes No

C. Religious and racial/ethnic identification

Current religious denomination/affiliation Protestant Catholic Jewish Islamic Buddhist Hindu

Other (specify): _____

Involvement: None Some/irregular Active

How important are spiritual concerns in Client's life? _____

Ethnicity/national origin: _____ Race: _____ or other similar way
you identify yourself and consider important: _____

D. Your medical care: From whom or where do you get your medical care?

Clinic/doctor's name: _____ Phone: _____

Address: _____

If you enter treatment with me for psychological problems, may I tell your medical doctor so that he or she can be fully informed and we can coordinate your treatment? Yes No

E. Emergency information

If some kind of emergency arises and we cannot reach you directly, or we need to reach someone close to you, whom should we call?

Name: _____ Phone: _____ Relationship: _____

Address: _____

Significant other/nearest friend or relative not residing with you: _____

F. Education

Current School	Grade	Teacher	Years Attended
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

G. Family-of-origin history

Relative	Name	Current age (or age at death)	Illnesses (or cause of death, if deceased) including depression, anxiety, bipolar, ADHD etc.
Father	_____	_____	_____
Mother	_____	_____	_____
Brothers	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
Sisters	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Stepmother _____

Stepfather _____

Grandparents _____

H. Relationships in Client's family of origin.

Please describe the following:

1. Client's parents' relationship with each other: _____

2. Client's relationship with each parent and with any other adults present: _____

3. Parents' medical problems, drug or alcohol use, and mental or emotional difficulties: _____

4. Client's relationship with your brothers and sisters in the past and present: _____

I. History of Abuse ? ____Y ____N Physical Sexual Emotional Verbal Neglect

Explain: _____

J. Chief concern

Please describe the main difficulty that has brought you to see me: _____

K. Treatment

1. Has your child ever received psychological, psychiatric, drug or alcohol treatment, or counseling services before?

No Yes If yes, please indicate:

1.Name of provider: _____

Address of provider: _____

Phone number: _____

Dates of Service _____

Can I contact this provider to better coordinate care? Y_____N_____

2.Name of provider: _____

Address of provider: _____

Phone number: _____

Dates of Service _____

Can I contact this provider to better coordinate care? Y_____N_____

L. Medications

Name	Dose	Purpose	Date From	Side Effects/Concerns

M. Chemical use

Please indicate which of the following Client uses or has used:

	Current Amount/week	Past Amount/week and when
<input type="checkbox"/> Coffee	_____	_____
<input type="checkbox"/> Tea	_____	_____
<input type="checkbox"/> Soda	_____	_____
<input type="checkbox"/> Energy Drink	_____	_____
<input type="checkbox"/> Alcohol	_____	_____
<input type="checkbox"/> Tobacco	_____	_____
<input type="checkbox"/> Marijuana	_____	_____
<input type="checkbox"/> Other:	_____	

Please provide details about above chemical use, including how often used them, their effects and so forth:

N. Other

Is there anything else that is important for me as a therapist to know about, and that you have not written about on any of these forms? If yes, please tell me about it here or on another sheet of paper: _____
